



The Archives of Let's Talk Dusty!

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Let's Talk Dusty! The Forum

Don't Forget About Me

Anyone else relate to Dusty's insomnia?

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Author

Topic

Tim

Where am I going?



Posted - 08/01/2007 : 03:17:26

'Madam' was famous for keeping very late hours..

Anyone else do this?



I think better late at night, and have a habit of doing things until I hear the birds singing outside if I'm not careful.

T 😊

United Kingdom
3422 Posts

insomniacafe

I'll try anything



Posted - 08/01/2007 : 11:10:06

I definitely relate to this - in fact I usually listen to Dusty in the wee small hours. I write better at night, and find it easier to concentrate then. Usually from midnight onwards, and tend to go to bed between 4 and 5 am.



Netherlands
1509 Posts

dusty_freak

I've got a good thing



Posted - 08/01/2007 : 11:12:54

Oh i don't have insomnia... but i'm always on the net at 1am or something. And if i get talking to one of you lot on MSN then i don't go to bed till 3am!

It normally happens when i finish work and can't sleep. But half the time i'm really tired when im on here hehe. And i sleep in till 11am or 12pm lol

Clare xoxo



Australia
5805 Posts

Sophie

Where am I going?



Posted - 08/01/2007 : 11:18:32

i'm not an insomniac; i just don't like sleep 😊 i usually sleep for about 6 hours on weeknights & longer at weekends, which works fine for me..

2302 Posts

Mads

Where am I going?



Posted - 08/01/2007 : 11:48:14

I very rarely hit the sack before 1am, but I cant remember the last time I was able to get to sleep before 4am so I've given up. I always get between 10-12 hours sleep though (in the holidays!!). School days I just plod along haha with no energy!



Love&&more love

Australia
3323 Posts

Cas19

Wasn't born to follow



8313 Posts

Posted - 08/01/2007 : 20:00:02

I'm totally different from you guys! I'm up at 4am...yes thats am!...I shower then do the household chores before I go to work 😊 I dust,wipe,even vacuum...no no complaints as yet!! I put everyones lunches up,iron, clean the bathroom...ect etc. On certain days depending on my workload I go to the supermarket...I'm usually shopping by 6:40am!!!Its very quiet. I am at work for 8:45am or 10am if I'm on a late start. Latest finish is 6pm..unless theres an emergancy,then it can be as late as 9pm.I have a bit of time to spend with my family or I enjoy the gym. Latest I go to bed is 10pm....completely boring 😞😞

Casx



Mark

I've got a good thing



United Kingdom
5309 Posts

Posted - 08/01/2007 : 21:03:22

I'm a bit similar to you Cas!.....on Workdays I start at 6.30am, and therefore rise at 5.40, restdays I try to have a lay-in for another couple of hours but it's not always easy, as I'm 'programmed'!.....(hence early Sunday morning postings on LTD!)

I've never been a late night person, I tend to become a little ratty past 10pm, so I'm usually tucked up by then, even Saturdays!, I can honestly say I love my sleep....."close my eyes and drift away....." 😞

Mark



insomniacafe

I'll try anything



Netherlands
1509 Posts

Posted - 08/01/2007 : 21:22:59

It only just occured to me that my username was probably a good enough indication of where I am on this.

And dear me Cas, sounds like you deserve a holiday! And I think there's something spooky about empty supermarkets...;)



Tim

Where am I going?



United Kingdom
3422 Posts

Posted - 08/01/2007 : 21:27:51

ha ha - yeah.. prob what triggered my post - that and no sleep. ;-)



Gypsy Rose Lee

I'll try anything



USA
1535 Posts

Posted - 08/01/2007 : 22:58:55

Oh, yes, Tim - count me in. 😊



David

Little by little



USA
498 Posts

Posted - 08/01/2007 : 23:21:06

I have a problem with insomnia. Anyone else watch Craig Ferguson on late night American TV? He cracks me up. I see his show a little more often than I'd like to, though. 😊

Dustily yours, David



insomniacafe
I'll try anything
★★★

Posted - 09/01/2007 : 00:14:59



I've seen him a few times - I remember him from when he played Drew's boss on The Drew Carey Show. I prefer Letterman myself though.



Netherlands
1509 Posts

dusty_freak
I've got a good thing
★★★★★

Posted - 09/01/2007 : 05:13:22



quote:

Originally posted by Cas19

I'm totally different from you guys! I'm up at 4am...yes thats am!...I shower then do the household chores before I go to work 😊 I dust,wipe,even vacuum...no no complaints as yet!! put everyones lunches up,iron, clean the bathroom...ect etc. On certain days depending on my workload I go to the supermarket...I'm usually shopping by 6:40am!!!!Its very quiet. I am at work for 8:45am or 10am if I'm on a late start. Latest finish is 6pm..unless theres an emergency,then it can be as late as 9pm.I have a bit of time to spend with my family or I enjoy the gym. Latest I go to bed is 10pm....completely boring 😊😊

Casx

Australia
5805 Posts

Omg.. no way! If i start work at 10am then i'm up at 9am to get ready lol... i can't believe you do all that before you go to work! Hey you can make my lunch if ya want hehe 😊

I feel so un-young right now... 😊

Clare xoxo

"I'm not Mama's little baby no more..."



Mads
Where am I going?
★★★

Posted - 09/01/2007 : 08:28:41



You sound so enthusiastic about it all!!!

I would die!

And you're in bed by 10pm??? Like its not bad or anything - you're just like seriously the opposite of me!

Australia
3323 Posts

Love&&more love



Laura
Administrator
★★★★

Posted - 10/01/2007 : 03:43:39



I absolutely love my sleep. If I don't get enough I get grouchy. I am more of an evening person than a morning one so I love me lie ins. I always need like 9 to 10 hours sleep before being able to feel really awake and energetic. I am wierd though as I stayed awake yesterday a grand total of 22.5 hours because of the early start and the time difference. I was knackered by the end!

Love, Laura xx

United Kingdom
3075 Posts

Everything in moderation including moderation



mssdusty
I've got a good thing
★★★★★

Posted - 10/01/2007 : 08:55:48

YOU CAN SAY I AM JUST LIKE DUSTY.DOING ALL THINGS AT NIGHT.EVEN WHEN I HAD A REGULAR JOB WORKING 7 TO 3:30 I WOULD STILL STAY UP ALL NIGHT LIKE NOW.IT'S AFTER 12 MIDNIGHT AND WON'T GO TO BED TIL AFTER 2.THEN GET UP AGAIN TO TAKE NICOLE TO SCHOOL. BUT ITS FUN AND IF I CAN DO THIS MAKES ME FEEL ALL GOOD INSIDE.I AM SO GLAD TO BE HERE AT LTD.THANKS ALL OF YOU FOR BEING HERE.😊MARY



USA
5821 Posts

I only think of the day I Met Dusty and MY pains go away.IT's Great!



insomniacafe
I'll try anything
★★★

Posted - 10/01/2007 : 20:42:17

Here here! :)



Netherlands
1509 Posts

Laura
Administrator
★★★

Posted - 11/01/2007 : 17:24:35

Nice one Mary! So glad to hear that you love this place :)

Love, Laura xx



Everything in moderation including moderation



United Kingdom
3075 Posts

Birdie Breeze
Little by little
★

Posted - 15/01/2007 : 03:29:08

If you need to get sleep - and have trouble with insomnia -

Exercise.

It works a charm.

Also, keep away from soda's....

A single can of coke can REALLY keep people awake.

Birdie

quote:

Originally posted by muuz

'Madam' was famous for keeping very late hours..

Anyone else do this?

I think better late at night, and have a habit of doing things until I hear the birds singing outside if I'm not careful.

T 😊

<http://www.myspace.com/birdiebreeze>



Teda
Little by little
★

Posted - 15/01/2007 : 03:43:59

So busy I'm up all hours of that plotting. Teda



USA
384 Posts

Gypsy Rose Lee
I'll try anything

Posted - 15/01/2007 : 08:38:47

I'll try anything
★★

USA
1535 Posts

Would that someone could construct a pluperfect subjunctive compound-complex sentence; but, alas, apparently no one can. 🤔🤔🤔



Gypsy Rose Lee

I'll try anything
★★

USA
1535 Posts

Posted - 15/01/2007 : 09:01:27

Would that I had constructed one; but, alas, I had not. 😞



Gypsy Rose Lee

I'll try anything
★★

USA
1535 Posts

Posted - 15/01/2007 : 09:04:33

Insomniacs tend to talk to themselves at 3:30 a.m. 🤔🤔



Tim
Where am I going?
★★★



Posted - 15/01/2007 : 09:50:14

terrible night's sleep - head busy with work - annoying - now tired and less able to do it.

would that I even knew what a pluperfect subjunctive compound complex sentence WAS..



United Kingdom
3422 Posts

Gypsy Rose Lee

I'll try anything
★★

USA
1535 Posts

Posted - 15/01/2007 : 09:54:36

Hey, Tim

If I wasn't so punchy from being up all night, I'd tell ya. 😊😊

Love,
Ro



Tim
Where am I going?
★★★



Posted - 15/01/2007 : 10:10:22

yeah, I'm in a bitey scratchy one myself. Good job we aren't meeting for coffee - one of us would probably end up wearing it.....

Mail you pics of pics later

T x



United Kingdom
3422 Posts

Sophie
Where am I going?
★★★

2302 Posts

Posted - 15/01/2007 : 21:18:56

would that Rosemary & Timothy please learn to control their wit! Little Miss Innocent here got thrown out of the college library, earlier, for "disturbing the peace" - oh yes, she committed the capital crime of laughing in a Quiet Zone 🤔🤔🤔 and it's all because of you two!



Tim
Where am I going?
★★★



Posted - 15/01/2007 : 21:42:11

good.

T x



United Kingdom
3422 Posts

dusty_freak
I've got a good thing
★★★★★

Posted - 16/01/2007 : 00:14:23



I can't believe you were in a library Sophie!!

Clare xoxo

"I'm not Mama's little baby no more..."



Australia
5805 Posts

hidrogirl
I start counting

Posted - 24/01/2007 : 10:20:46

Spain
38 Posts

I have insomnia too, and that's not good for nervous system.

Maria Luisa



allherfaces
Administrator
★★★★★

Posted - 24/01/2007 : 17:04:54



I have had nightmares for the past four nights!

"Yesterday's gone. Love lead me on."
~ Roll Away



USA
14235 Posts

MattMidd1
I've got a good thing
★★★★★

Posted - 24/01/2007 : 17:08:22

United Kingdom
4270 Posts

about Laura?

Matt.



Mark
I've got a good thing
★★★★★

Posted - 24/01/2007 : 17:23:29



Hi everyone!.....just a suggestion, how about getting outta bed at around 5.30 am in the morning (I have to!) do some jobs around the home before your 'normal' type of day starts, then by 10pm in the evening you'll be so tired, you will enjoy a good night's sleep!!

(and don't drink coffee too late!)

Mark



United Kingdom
5309 Posts

MattMidd1
I've got a good thing
★★★★★

Posted - 24/01/2007 : 17:34:07

United Kingdom
4270 Posts

I tried that before - didn't work - it might work for other people though. I woke up at 6AM and went to bed at 12PM. Inbetween I went down to the shops for 2 hours and did all the chores.

Matt.



insomniacafe
I'll try anything
★★★

Posted - 26/01/2007 : 08:41:30

Ah...I've come to accept it anyway. I work better at night - fewer



distractions.



Netherlands
1509 Posts

mikeh69
Little by little
★

Posted - 26/01/2007 : 09:23:33

ME



USA
299 Posts

dusty_freak
I've got a good thing
★★★★★

Posted - 27/01/2007 : 14:12:11

I'm never up before 11am unless i have to go to work. And when i do get up before 11am, i have a nanna nap in the afternoon!

Clare xoxo

"I'm not Mama's little baby no more..."



Australia
5805 Posts

Mads
Where am I going?
★★★

Posted - 28/01/2007 : 00:16:23

Hahahaha you and your bloody granny naps!

If I get up before 11 I suffer till like 3-4am then sleep till like 5pm the next day lol!

Love&&more love



Australia
3323 Posts

DivineDusty
I'll try anything
★★

Posted - 28/01/2007 : 11:43:14

For some reason my body just doesn't want sleep...and if i ever 'granny nap' lol during the day.. i definitely wont sleep at night (same if i have any caffeeine or chocolate after 5pm at night).

I wish i was productive at night...but all i do is get irratated and fidgety lol. I work better early morning.

xo DiVine Dusty ox

~ & everyday can be My magic carpet ride ...And live my days instead of counting my years- ~



Australia
1066 Posts

Topic

Forum Locked
Locked
Printer Friendly

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